



FIVE EFFECTIVE METHODS

For Securing Male External Catheters

For Use with Uro-Con[®] Texas-Style and Uro-Cath[®] Molded-Latex Style External Catheters.

READ ALL INSTRUCTIONS CAREFULLY

Care must be taken at all times when securing male external catheters. If applied too tight, serious damage can be caused by tapes, foam strips, etc.

Choose the method which best suits your requirements. Follow the instructions carefully. In most cases, good results are obtained with an erection to prevent possible problems with circulation.

Always clean penis thoroughly. Inspect penis for skin lesions or any other form of skin irritation or breakdown. Consult your physician before using. Understand the instructions of the method to be used before attempting application of catheter.

SUGGESTED METHODS OF APPLICATION

Care must be taken at all times when securing male external catheters. Method A is the most widely used, but least reliable.

Method B is easy to apply and is reliable for daily use.

Method C is reliable and anatomically safe with retractions.

Method D is a one-step improvement over Method C.

Method E is a two-step improvement over Method C.

PLEASE NOTE:

Methods D and E may seem complicated and not necessary in some cases; however, once mastered, they provide the long term user with a very safe and reliable system with maximum benefits.

METHOD A For Uro-Con® Texas-Style and Uro-Cath® Molded-Latex Style Male External Catheters

Use: Urofoam®-1 Single-Sided Adhesive Foam Strip

Step 1: Trim pubic hair if necessary. Thoroughly clean penis and let dry. Then place catheter over head of penis as shown in figure A1 and unroll catheter sheath down entire penis shaft as shown in figure A2.

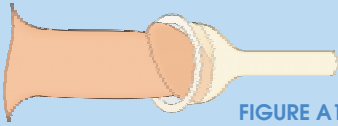


FIGURE A1

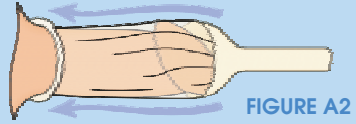


FIGURE A2

Step 2: Remove paper liner from Urofoam®-1 adhesive foam strip.

Step 3: Starting just behind the head of the penis, with the adhesive side down, spiral-wrap the Urofoam®-1 adhesive strip snugly around catheter as shown in figure A3. CAUTION: To avoid circulation restriction, do not wrap the adhesive strip too tight.



Urofoam®-1

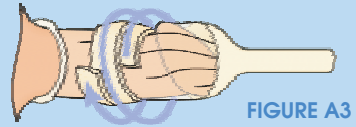


FIGURE A3

Step 4: Connect to drainage system and check periodically.

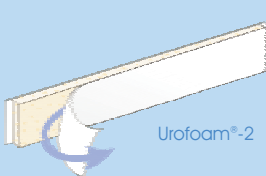
METHOD B For Uro-Con® Texas-Style and Uro-Cath® Molded-Latex Style Male External Catheters

Use: Urofoam®-2 Double-Sided Adhesive Foam Strip

Step 1: Trim pubic hair if necessary. Thoroughly clean penis and let dry.

Step 2: Remove *shorter paper liner* from Urofoam®-2 adhesive foam strip.

Step 3: Starting just behind the head of the penis, with the adhesive side down, spiral-wrap the Urofoam®-2 approximately a $\frac{3}{4}$ wrap as shown in figure B1. Then remove the second paper liner as needed and continue around the penis as shown in figures B2. CAUTION: To avoid circulation restriction, do not wrap the adhesive strip too tight.



Urofoam®-2

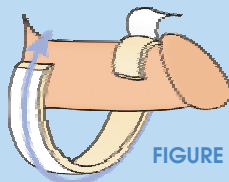


FIGURE B1

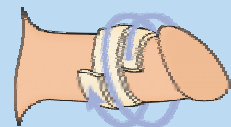


FIGURE B2

Step 4: Then place catheter over head of penis as shown in figure B3 and unroll catheter sheath down entire penis shaft as shown in figure B4.

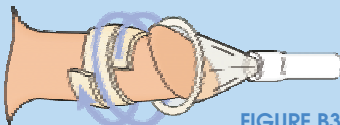


FIGURE B3

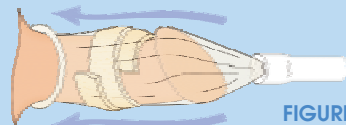


FIGURE B4

Step 5: Connect to drainage system and check periodically.

METHOD C For Uro-Con® Texas-Style and Uro-Cath® Molded-Latex Style Male External Catheters

Use: Uro-Bond® II Brush-on Silicone Adhesive only

Step 1: Trim pubic hair if necessary. Thoroughly clean penis and let dry. Then place catheter over head of penis as shown in figure C1 and hold in place with finger tips.

Step 2: To apply Uro-Bond® II silicone adhesive, paint penis shaft evenly with silicone adhesive—be certain to encircle entire penis shaft. Wait 1 minute to get tacky.

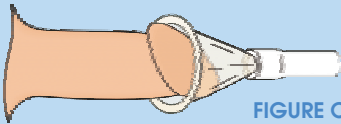


FIGURE C1

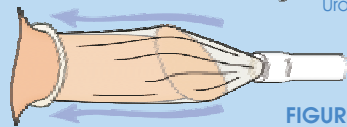


FIGURE C2

Step 3: Unroll catheter sheath smoothly, making good contact with silicone adhesive as shown in figure C2. Press sheath firmly onto skin to remove any air pockets or creases in sheath to ensure a leak-proof seal.

Step 4: Connect to drainage system and check periodically.

METHOD D For Uro-Con® Texas-Style Male External Catheters

Use: Uro-Bond® II and Constay® Tape or Urofoam®-1

Step 1: Trim pubic hair if necessary. Thoroughly clean penis and let dry. Then place catheter over head of penis as shown in figure D1 and hold in place with finger tips.

Step 2: To apply Uro-Bond® II silicone adhesive, paint penis shaft evenly with silicone adhesive—be certain to encircle entire penis shaft. Wait 1 minute to get tacky.

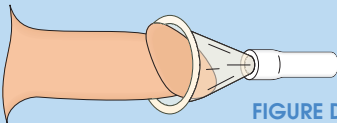


FIGURE D1

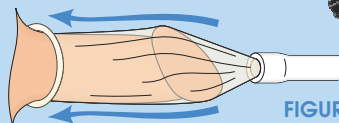


FIGURE D2

Step 3: Unroll catheter sheath smoothly, making good contact with silicone adhesive as shown in figure D2. Press sheath firmly onto skin to remove any air pockets or creases in sheath to ensure a leak-proof seal.

Step 4: Remove bead (rubber ring) if necessary—see figure D3.

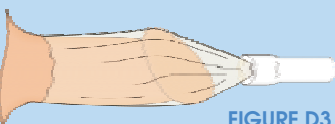


FIGURE D3

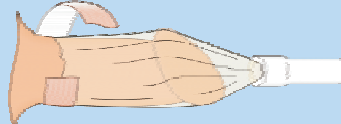


FIGURE D4

Step 5: Cut enough Constay® tape to encircle penis at least once or use a Urofoam®-1 strip to encircle penis. Place the Constay® or Urofoam®-1 strip half on and half off the catheter sheath as shown in figure D4.

Step 6: Connect to drainage system and check periodically.



METHOD E For Uro-Con® Texas-Style Male External Catheters

Use: Uro-Bond® II and Constay® Tape or Urofoam®-1

Step 1: Trim pubic hair if necessary. Thoroughly clean penis and let dry. Then place catheter over head of penis as shown in figure E1 and hold in place with finger tips.

Step 2: To apply Uro-Bond® II silicone adhesive, paint penis shaft evenly with silicone adhesive—be certain to encircle entire penis shaft. Wait 1 minute to get tacky.

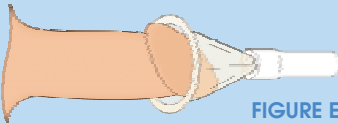


FIGURE E1

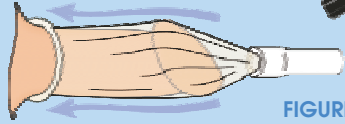


FIGURE E2

Step 3: Unroll catheter sheath smoothly, making good contact with silicone adhesive as shown in figure E2. Press sheath firmly onto skin to remove any air pockets or creases in sheath to ensure a leak-proof seal.

Step 4: Reverse direction and unroll catheter sheath back up the penile shaft about 1" (2.5cm)—see figure E3.

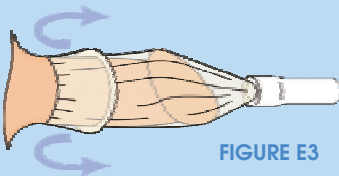
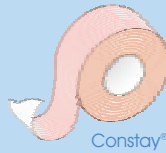


FIGURE E3



Constay®



Urofoam®-1

Step 5: Cut enough Constay® tape to encircle penis at least once or use a Urofoam®-1 strip. Place the Constay® or Urofoam®-1 strip half on and half off the catheter sheath as shown in figure E4.

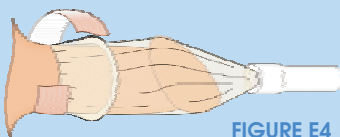


FIGURE E4

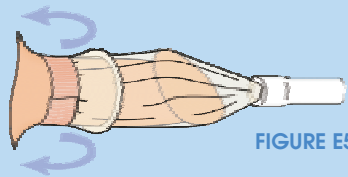


FIGURE E5

Step 6: Encircle at least once—press the Constay® tape or Urofoam®-1 strip firmly against the skin and catheter sheath as shown in figure E5.

Step 7: Reverse direction again and unroll the remaining catheter sheath back over the Constay® tape or Urofoam®-1 strip as shown in figures E6 and E7.

CAUTION: To avoid circulation restriction, do not wrap the adhesive strip too tight.

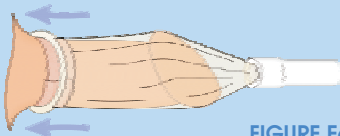


FIGURE E6

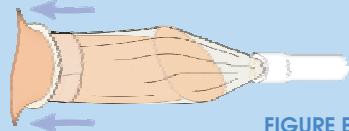


FIGURE E7

Step 8: Connect to drainage system and check periodically.

PRODUCTS YOU MAY NEED TO USE THESE INSTRUCTIONS:

Male External Catheters

Each Uro-Cath® and Uro-Con® male external catheters range in size from 25mm to 40mm and are packaged in a window pouch, with or without Urofoam® adhesive foam strips, and/or Uro-Prep® protective skin wipes. Every pouch has detailed, illustrated application instructions on the back side.

Uro-Cath® Molded-Latex Male External Catheters

Because they are formed from a single piece of latex with a funnel-shaped tip design, they are "twist-proof" which allows the fluid pathway to remain open and free from obstructions.



Product No.
520135 Shown

Uro-Cath® II male external catheters are similar in construction to the regular Uro-Cath® catheters. What makes them different from the others is that these catheters incorporate an extra "bulb" reinforced funnel tip design that aids in the prevention of kinks and twists allowing the fluid pathway to remain open and free from obstructions.



Product No.
530135 Shown

Uro-Con® Texas-Style Male External Catheters

Uro-Con® male external catheters are constructed from three(3) individual pieces (a condom sheath, an insert and a piece of Urocare's pliable, white-rubber tubing in a 2"(5cm) or 4"(10cm) length). Once assembled into a "condom catheter" they become completely collapsible and prevent "pooled-urine", the #1 source of skin irritation and breakdown.



Product No.
510235 Shown

Urofoam® Adhesive Foam Strips

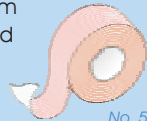
Urofoam® strips have a closed-cell structure, easy to apply and remove, hypo-allergenic and urine resistant which makes them perfect for securing male external urinary catheters to the body. They are available in either a single or double-sided adhesive coating.



Product No. 5200 Shown

Constay® Fabric Adhesive Strip

For general bandaging. It adheres securely and stretches to allow freedom of movement. Constay® has a unique adhesive which is urine resistant and conforms well to the irregular contours of the body. It's hypo-allergenic adhesive holds fast where other elastic tapes won't even stick.



No. 5007

Uro-Bond® II Silicone Brush-on Adhesive

May be used for securing male external catheters, adhering colostomy, ileostomy and tracheostomy appliance, attaching electrodes, affixing theatrical cosmetics, prosthetic devices, etc. For external use only.



No. 5000

Urocare® Adhesive Remover Pads

Used to dissolve and remove unwanted adhesive residue from urinary and ostomy appliances and skin. They have a fresh citrus scent and are free from harsh solvents. Lab tested non-toxic. For external use only.



No. 5600

Uro-Prep® Protective Skin Wipes

Can be used under most types of adhesives. Protects delicate, sensitive skin from aggressive adhesives often used in conjunction with male external catheters and urinary or ostomy appliances. They are safe, effective and for external use only.



No. 5500



RELATED PRODUCTS

Urocare® Reusable Latex Leg Bags

Uro-Safe® Vinyl Leg Bags

Night Drainage Systems

Itch•ender!® Spray-on Lotion

Uro-Wash® Skin Cleanser

Uro-Con® & Uro-Cath® Male External Catheters

Drain Valves & Adaptors

Drainage Bottles

Uro-Prep® Protective Skin Wipes

Fabric Leg Bag Holders

Fabric Leg Straps

Uro-Bond® II Brush-on Silicone Adhesive

Urofoam® Adhesive Foam Strips

Adhesive Remover Pads

Urolux® Appliance Cleanser & Deodorant

Connectors & Clamps

Extension & Drainage Tubing

Dri-Sleeper™ Nocturnal Enuretic Alarm

For more information on any of Urocare's other products, contact your nearest Urocare dealer or write to:

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